

Pitt County Community Schools and Recreation

“Reaching Out to Serve and Connect the Community”

PCCSR Advisory Council

Shirley Morrison, Chair
Anne Creech
Shirley Daniels
Andrea Norris

Jim Brown
Brenda Hawkins
Earnestine Haselrig
Pat Searcy

Pitt County Board of Commissioners

Kenneth Ross, Chair
Jimmy Garris
David Hammond
Eugene James
Tom Johnson, Sr.
Melvin McLawhorn
Mark Owens, Jr.
Ephraim Smith
Beth Ward

Pitt County Board of Education

Mary Grace Bright, Chair
Jill Camnitz
Michael Dixon
Benjie Forrest
Jennifer Little
Ralph Love
Barbara Owens
Billy Peaden
Roy Peaden
Marcy Romary
Richard Tolmie
Mary Williams

Pitt County Community Schools & Recreation

2010 - 2011

Program Guide

4561 County Home Road
Greenville, NC 27858
(252) 902-1975

www.pittcountync.gov/csandrecreation

Adapted Recreation and Wellness Day

Date: November 20, 2010
Time: 1:00 p.m.—4:30 p.m.
Location: ECU Student Recreation Center

This unique event is a collaborative effort of the East Carolina University Department of Campus Recreation & Wellness Adapted Recreation program, ECU College of Health & Human Performance, Pitt County Community Schools & Recreation, and the local community's Support Team for Active Recreation (STAR). Adapted Recreation and Wellness Day introduces individuals with and without disabilities to a wide variety of adapted sports, such as rock wall climbing, wheelchair volleyball, slalom course, bowling, billiards, tai chi, hand cycling, racquetball, wheelchair rugby, wheelchair tennis, shuffleboard, tennis, quad rugby, power/wheelchair hockey, inner tub water polo and bocce.

OASIS

OASIS (Organizations/Businesses Assisting Schools in Success) is a program sponsored jointly by the Greenville-Pitt County Chamber of Commerce and the Pitt County School System to encourage and recognize organizations and businesses for their volunteer efforts and resource contributions. The educational experience of students in Pitt County Schools are enhanced through the OASIS partnership between businesses, organizations, and the school system. Any business or organization (regardless of size) can become a part of OASIS.

Eat Smart Move More Initiatives

Eat Smart Move More...North Carolina, a statewide movement encouraging healthy eating and physical activity wherever people live, learn, work, play and pray. Its mission is to reverse the rising tide of obesity and chronic disease among North Carolinians by helping them to eat smart, move more and achieve a healthy weight. Community Schools & Recreation has joined partners including Pitt County Schools, Pitt County Health Department, Brody School of Medicine, East Carolina University, Pitt County Memorial Hospital, ViQuest, Pitt County Health Education Foundation, and Pitt Partners for Health to develop and implement programs and activities in the schools and in the community.

“Not Too Hot to Trot” Road Race

Date: June, 2011 (TBA)

2010–2011 Program Guide

Table of Contents

After-School & Before School Enrichment.....	2
Youth Sports Programs	3
Special Youth Programs	6
Registration Form.....	9
Adult Programs.....	14
Greenville-Pitt County Senior Games	17
The Zone.....	18
Collaborative Programs	19

Pitt County Community Schools and Recreation Staff

Rita Roy, Director	(252) 902-1983
Alice Keene, Special Projects	(252) 902-1984
Jennifer Lanier, Assistant Director	(252) 902-1982
Ken Eldridge, Assistant Director.....	(252) 902-1988
Kay Taylor, Secretary.....	(252) 902-1975
Lisa Swing, Bookkeeper	(252) 902-1985
Courtney Pruet, After-School Coordinator	(252) 902-1981
Sherry Williams, Recreation Coordinator	(252) 902-1986
Diane Barnes, Recreation Supervisor.....	(252) 902-1990
Willie McCarter, Facility Services	(252) 902-1975

Future Development at the Alice F. Keene Park

Outdoor Basketball Courts
Softball Fields Press Box
Gymnasium

Shuffleboard Courts
Picnic Areas

After-School/Before-School Enrichment

The mission of the Pitt County Community Schools and Recreation Creative Experiences for Children Program is to provide a quality program of activities for students in grades K-6 (through 12 years old). This program is designed to meet a critical need of families in the community through maximizing the utilization of the resources of the school system. We strive to:



- Meet a critical need in the community in an effort to improve the quality of life for families.
- Provide a program including quality activities that are both educational and recreational for students in kindergarten through sixth grade (through 12 years old). Activities include active games, arts and crafts, music, homework time, and free time during which children may choose selected activities.
- Provide a safe and stimulating environment for children that utilizes the resources of the school system.
- Provide a qualified, enthusiastic staff with the ability to plan programs that offer positive motivation for children.
- Provide an atmosphere for enrichment activities that will encourage creativity as well as growth and development of mind and body.
- Work cooperatively with other agencies and organizations in maximizing program opportunities for students.

Program Sites Include:

Ayden Elementary	Chicod	Creekside
Eastern	Elmhurst	Falkland
G.R. Whitfield	Ridgewood	Stokes
W.H. Robinson	Wintergreen Intermediate	Wintergreen Primary

Fees:

Full-Time: \$150.00 per month for one student
 \$290.00 per month for two students
Part-Time: \$ 50.00 (5 day card)
 \$100.00 (10 day card)



A \$25.00 non-refundable registration fee must accompany all applications at time of registration.

Schedule

School days: From the time school is dismissed until 6:00 p.m.
 Teacher Workdays: 7:30 a.m. — 6:00 p.m.
 Early Release: From the time school is dismissed until 6:00 p.m.

The Program will not operate on school designated holidays, the Wednesday prior to Thanksgiving, Christmas and Easter break, and in the event of inclement weather.

Activities: Arts & crafts, active outdoor games, group games, inside games, music, enrichment activities, homework time & free time. Healthy snacks are served daily.

Before-School Programs: Chicod Elementary and Stokes Elementary (7:00 AM-8:00 AM) **Fee:** \$1.00/per day

Collaborative Programs

Pitt County Community Schools & Recreation provides and/or cooperatively sponsors various special programs and events throughout the year. Listed are some of the activities and brief descriptions.

Pitt County Physical Activity Challenge

For participants of all ages. The goal of this program is to have participants meet the 2008 Physical Activity Guidelines for Americans recommending participation in moderate intensity exercise 150 minutes or more per week or 75 minutes of vigorous intensity. Registration & log books are available at the Recreation Complex and on the website. Participants reaching the minimum level will be entered into a monthly drawing for prizes. Regardless of level met, participants should turn in monthly logs for a special drawing held at the six month mark.

Tar River Community Band

The Tar River Community Band is comprised of doctors, lawyers, scientists, college professors, housewives, retirees and other varied occupations of all ages over 18 years, and all levels of musical ability. Formed in 1978, members perform as often as they can for their own enjoyment and the joy of entertaining others. Each year, the band opens Greenville's popular Sunday in the Park series. Pitt County citizens are invited to join the band even if they haven't picked up an instrument since high school. Rehearsals are Thursday evenings at C.M. Eppes Middle School at 7:15 p.m. For further information, contact Pitt County Community Schools and Recreation at 252-902-1975.

Community Pops Singers

The Community Pops Singers is a community choral group comprised of all ages and levels of musical abilities. Each year members prepare for three major concerts: In May, the first of September and the Christmas concert in mid-December. Rehearsals are held in Cypress Glen Auditorium, Hickory Street, Greenville. Call Don Fitts at 252-758-2571 to join. Auditions are not required.



ARISE (A Real Integrated Sports Experience)

Community Schools & Recreation works cooperatively with the ECU Campus Recreation and Wellness Program to support ARISE. ARISE is designed to provide persons with and without disabilities the opportunity to participate in a variety of unique sports, fitness, and recreational activities.

The Zone

On December 3, 2007, Pitt County Community Schools and Recreation entered into a partnership with Pitt County Girls Softball League to operate The Zone, providing gym space for basketball, volleyball, pickle ball and indoor instruction for baseball/softball programs, space for after school programs and other special activities to be provided by Pitt County Community Schools and Recreation Department.

This facility includes batting cages, gym, pitching tunnel, meeting space, arcade and other activity spaces. The Zone is available to rent for parties, practices, meetings, family gatherings and other organized events/activities.

Zone Hours

Monday – Friday 4:00 p.m.—9:00 p.m. (6:00 p.m.-9:00 p.m. during summer)
Saturday By Reservation Only
Sunday 2:00 p.m.—6:00 p.m.

Other times are available for rentals, birthday parties, reunions, corporate gatherings, and meetings. Please call 902-1986 to reserve.

Birthday Party Packages

Two hour birthday party packages include: Pizza, chips, juice boxes, generic party decorations, paper products, set up/clean up & party coordinator to assist with party needs & activities. Package for 12 children, not including the birthday child.

A. All Star Party Package.....\$200.00

Choice of Sport: Basketball, Volleyball, Soccer, Wiffle Ball
 Private Party Room (small room upstairs)
 2 Batting Cages for up to 30 minutes & 1.5 hours gym time

B. Lil' Me Party Package.....\$200.00

Private Party Room (large room upstairs)
 1 Hour Gym time with parachutes, hula hoops, and balls
 30 Minutes of sidewalk chalk art and bubbles

C. Karaoke and Dance Party Package\$165.00

Karaoke and music provided for those tweens that just want to hang out with friends (you may bring your own music)
 Private Party Room (large room upstairs)

D. Popcorn and Movie Party Package.....\$165.00

You pick the movie, we play it on the wall for a large picture effect
 Private Party Room (large room upstairs)
 Popcorn provided

OTHER OPTIONS

The Zone can be rented as a facility rental at regular facility rental rates. Parents can bring in their own party supplies, decorations, food etc. For rental rates, you can call the Zone at 756-9663 or the Community Schools & Recreation office at 902-1986.

Visit our website at www.pittcountync.gov/csandrecreation for The Zone rental rates and hours of operation.



Youth Sports Programs



Philosophy of Youth Sports

Community Schools and Recreation Youth Sports Programs place emphasis on skill development, sportsmanship, teamwork, quality physical activity, and having



FUN! Rules require that each participant plays a minimum time in every game.

For youth sports, age is as of August 31, 2010. Age groups and sites for youth sports programs are subject to change depending on the number of registered participants in a specific age group and location. Parents will be notified if changes are necessary.

We will not issue refunds for any of our sports programs

Fall Volleyball

Date: September 13—October 30, 2010
Fee: \$40.00
Deadline: August 31, 2010

Locations: A.G. Cox Ayden Middle
 C.M. Eppes Farmville Middle
 J.H. Rose Aux. Gym Wintergreen Int.
 Zone

Age Divisions: Grades 4th-5th
 Grades 6th-7th
 Grades 8th-12th

Date of start based on individual team schedule.

Games are played on Saturdays. Knee pads, PCCSR T-Shirt and spandex shorts are required to play.

Fall Soccer

Date: September 18—November 6, 2010
Fee: \$40.00
Deadline: September 2, 2010

Locations: Bethel
 H.B. Sugg
 Alice F. Keene Park (formerly Pitt Co. District Park)

Age Divisions: 2-4 Year Olds (co-ed) Instructional
 5-6 Year Olds (co-ed)
 7-9 Males * 7-9 Females
 10-13 Males * 10-13 Females
 14-18 Year Olds (co-ed)



Games are played on Saturdays. Shin guards are required for games and practices. No metal or baseball cleats allowed.

Fall Flag Football

Date: September 11–November 6, 2010
Fee: \$40.00
Deadline: September 2, 2010

Location: Alice F. Keene Park (formerly Pitt County Dist. Park)

Age Divisions: 4-6 Years Olds
 7-8 Year Olds
 9-11 Year Olds
 12-15 Year Olds

Games are played on Saturdays. Metal cleats are not allowed. No pocket shorts/pants allowed. Mouth pieces are required to play.

Fall Instructional Lacrosse

Date: September 13–November 6, 2010
Fee: \$40.00
Deadline: September 2, 2010

Location: Alice F. Keene Park (formerly Pitt County Dist. Park)

Age Divisions: 5-12 Year Old Boys
 5-12 Year Old Girls

Metal cleats are not allowed. Mouth pieces are required to play.

Basketball

Date: December 11, 2010–February 26, 2011
Fee: \$40.00
Deadline: November 17, 2010

Locations: A.G. Cox Bethel C.M. Eppes
 Chicod G.R. Whitfield Grifton
 Hope Middle The Zone Wellcome
 Wintergreen Int. Boys & Girls Club North

Age Divisions: 5-6 Year Olds (co-ed)
 7-8 Males * 7-8 Females
 9-10 Males * 9-10 Females
 11-12 Males * 11-12 Females
 13-15 Males * 13-15 Females
 16-18 Year Olds (co-ed)



Games are played on Saturdays.

Greenville-Pitt County Senior Games

Community Schools and Recreation, lead agency for Greenville-Pitt County Senior Games, coordinating with Greenville Recreation and Parks, ECU Campus Recreation and Wellness, City of Washington Parks and Recreation, Senior Programs at Pitt County Memorial Hospital, and the Mid-East Area Agency on Aging. Senior Games is a program offering athletic/recreational and arts competition on the local level, with winners qualifying for State Finals each year and the opportunity to qualify for national competition every two years. Local competition is only held in April; practice/training sessions, tournaments and mini competitions, such as SportsFest, are held throughout the year.

The following athletic/recreational events are offered:

Archery	Track Events	Table Tennis	Cycling
Badminton	Shuffleboard	Field Events	Golf
Bowling	Swimming	Football Throw	Tennis
Horseshoes	Racquetball	Walking	Basketball Shooting
Spin Casting	Billiards	Bocce	Croquet
Softball Throw	Team Sports (Basketball/Softball)		

Silver Arts:

Heritage	Visual	Performing	Literary	Cheerleading Program
----------	--------	------------	----------	----------------------

Greenville-Pitt County Senior Games

Date: April 11–May 5, 2011
Ages: 55+

Senior Games Practice Schedules

Men-3-on-3 Basketball	Mondays	7:00 p.m.	C.M. Eppes
Women-3-on-3 Basketball	Mondays	7:00 p.m.	Wintergreen Int.
Badminton	Tues/Thurs	8:30-10:30 a.m.	ECU Student Rec. Ctr.
Table Tennis	Tuesdays	3:00 p.m.	Recreation Complex
Horseshoes & Shuffleboard	Tues/Thurs	9:00-11:00 a.m.	Elm Street Lawn Area
Pickle Ball	Thursdays	3:00 p.m.	The Zone

Eastern Carolina Senior Games SportsFest

Date: February 2-4, 2011
Ages: 55+

Applications and schedules of activities will be made available in December.

Softball and Basketball

If you are 55+ and want to play 3-on-3 basketball or softball, we need you! Call (252) 902-1977.

Balance Through Movement

Date: Jan. 10-February 18, 2011
Time: 11:00 a.m.-12:00 p.m.—Mon. & Fri.
Fee: Free

Location: Pitt County Community Schools & Recreation

Age Divisions: 55+

Senior Dance

Date: May 27, 2011
Time: 6:00 p.m.—10:00 p.m.
Fee: FREE

Location: Eppes Recreation Center

Age Divisions: 55+

National Senior Health & Fitness Day

Date: June 1, 2011
Time: 9:00 a.m.—1:00 p.m.
Fee: FREE

Location: Pitt County Community Schools & Recreation

Age Divisions: 55+

Exercise Classes—AHOY (Add Health to Our Years)

Date: Ongoing
Ages: 55+
Fee: Free

An exercise program designed to improve strength, flexibility, & circulatory-respiratory endurance. Program provides a safe and fun session of exercise and activity emphasizing basic movements necessary to maintain/improve quality of life and independent living.

<u>Location</u>	<u>Days</u>	<u>Times</u>
Ayden Arts & Recreation Center	Mon./Wed./Fri.	10:30 a.m.—11:30 a.m.
Bethel Community Center	Tues./Thurs.	10:30 a.m.—11:30 a.m.
Eppes Recreation Center	Mon./Wed./Fri.	9:00 a.m.—10:00 a.m.
Farmville Community Center	Mon./Wed./Fri.	11:00 a.m.—12:00 p.m.
Recreation Complex	Mon./Wed./Fri.	9:45 a.m.—10:45 a.m.

Low-impact Aerobics

Pitt County Recreation Complex Mon./Wed./Fri. 8:30a.m.— 9:30 a.m.



Indoor Soccer

Date: January 8—February 12, 2011
Fee: \$35.00
Deadline: December 17, 2010

Location: Pitt County Boys & Girls Club (Firetower)

Age Divisions: 2-4 Year Olds (co-ed) Instructional
5-6 Year Olds (co-ed)
7-9 Year Olds (co-ed)

Games are played on Saturdays. There are no weekday practices. Shin guards are required for games and practices. Cleats are not allowed.

Pitt County Volleyball Club

Date: January 4—February 26, 2011
Fee: \$60.00
Deadline: December 9, 2010

Locations: E.B. Aycok Hope Middle
J.H. Rose Aux. Gym Wintergreen Gym
The Zone

Age Divisions: 4th-5th Grades
6th-7th Grades
8th-12 Grades
(Players have the option to play up one level)

Teams will practice once during the week with matches on Saturdays with the exception of tournament play. Knee pads, PCCSR Jersey and spandex shorts (black or blue) are required to play.

Spring Soccer

Date: April 2—May 7, 2011
Fee: \$40.00
Deadline: March 22, 2011

Locations: Alice F. Keene Park (formerly Pitt County Dist. Park)

Age Divisions: 2-4 Year Olds (co-ed) Instructional
5-6 Year Olds (co-ed)
7-9 Year Olds Males
7-9 Year Olds Females
10-13 Year Olds Males
10-13 Year Olds Females
14-18 Year Olds (co-ed)

Games are played on Saturdays. Shin guards are required for games and practices. No metal or baseball cleats allowed.

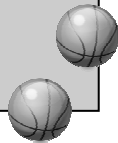
Adult Programs

Adult Open Gym Basketball

Date: September 7–November 23, 2010
Time: 6:30 p.m.—8:30 p.m. - Tuesdays
3:30 p.m.—6:00 p.m. - Sundays
Fee: \$5.00 Upon Entry (Must have ID)
Deadline: Ongoing

Location: The Zone

Age Divisions: 18+



Tai Chi Arthritis Class

Date: September 13–November 5, 2010
Time: 11:30 a.m.–12:30 p.m.—Mon. & Fri.
Fee: Free

Location: Pitt County Community Schools & Recreation

Age Divisions: 55+

Line Dance

Date: September 8–October 13, 2010
Wednesdays
Time: 6:30 p.m.—7:30 p.m.
Fee: \$30.00
Deadline: Open to First 20 Participants

Location: The Zone

Age Divisions: 18+

The Instructor will be Dennis Forbes.

Line Dance

Date: September 17–October 22, 2010
Fridays
Time: 10:30 a.m.—11:30 a.m.
Fee: \$30.00 (Ages 55+ Free)
Deadline: Open to First 20 Participants

Location: Pitt County Community Schools & Recreation

Age Divisions: 18+

Swing Zone - PCCSR Open Batting League

Date: September 21–November 9, 2010
February 22–April 12, 2011 * Tuesdays
Time: 5:30 p.m.—8:00 p.m.
Fee: \$35.00
Deadline: September 10, 2010

Location: The Zone

Age Divisions: Youth - 8 and under * 12 and under
Junior - 14 and under * 18 and under
Adult - 18 and over
Senior - 50 and over

Ages are as of August 31st. Sign up for one of the following: Fast-Pitch Softball, Slow Pitch Softball or Baseball. Participants bat once a week to accumulate points for a round of 20 pitches for 8 weeks during the allotted day and time, unless a conflict occurs. Participant must have their scores for each week completed by Thursday at 6:00 p.m. in order for scores to be counted for that week. Standings will be posted each Friday. Winners will be announced at the completion of the 8 weeks and awards will be given to the top 2 point holders for each division/sport. Helmets and bats are provided, but participants may bring their own equipment.

PCCSR Corn Hole League

Date: September 23–November 18, 2010
Time: 5:45 p.m.—8:00 p.m. * Thursdays (Teams)
2:30 p.m.—5:00 p.m. * Sundays (Singles)
Times may be adjusted depending on numbers
Fee: \$40.00 Registration
Deadline: September 10, 2010

Location: Alice F. Keene Park (formerly Pitt County Dist. Park)

Age Divisions: 18 and over * 25 and over
35 and over * 50 and over

Ages as of August 31st. League will consist of 8 weeks of the best of 3 matches each week. Individuals sign up for their age division as a single competitor or a team (2 players per team). Game is played by tossing bags toward and in a target. Weather permitting, matches will be conducted outside or moved inside in case of inclement weather. There must be at least 4 participants or teams in a division for that division to play. Teams can be all male, all female or co-ed and the division is determined by the youngest player. The league will follow ACA (American Corn Hole Association) rules for all games, unless otherwise stated by the league.

Punt, Pass & Kick

Date: September 18, 2010
Time: 2:00 p.m.-4:00 p.m. (Awards at 4:00 p.m.)
Fee: FREE

Location: Alice F. Keene Park (formerly Pitt County Dist. Park)

Age Divisions: 6-15 Years

Which can you do better - punt, pass or kick? If you're between 6-15 years of age, sign up for the NFL Pepsi Punt, Pass & Kick Program See if you have what it takes to get to the national finals! <https://nflppk.active.com>

Zone Fun Days

Dates: October 29, 2010 November 24, 2010
January 18, 2011 January 19, 2011
March 4, 2011 March 25, 2011
Time: 8:30 a.m.—4:30 p.m.
(extended care available from 7:30 a.m.-8:30 a.m. and 4:30 p.m.- 6:00 p.m. for an additional \$5.00)
Fee: \$40.00 Per Day
\$45.00 Per Day with Extended Care
\$225.00 For 6 Days with Extended Care
Deadline: One Week Prior to Fun Day Date

Location: The Zone

Age Divisions: K-6th Grade

Turn ordinary teacher workdays into "Zone Fun Days". Students will play indoor/outdoor group games, basketball, soccer, volleyball and pickle ball. There will also be a movie room, arcade and an arts and crafts area. Batting cages available at specified times (one token included in registration fees), participants can purchase tokens as well. Must have 18 students to operate.

ZONE—Zooming in on Nutrition and Exercise

Date: Session 1 - October 4—December 9, 2010
Session 2 - January 10—March 18, 2011
Time: 3:30 p.m.—5:30 p.m. (Extended care available from 2:30 p.m.—6:15 p.m. for additional charge)
Mondays * Wednesdays * Fridays
Fee: \$50.00 Per Session
\$60.00 Per Session with Extended Care Hours
Deadline: September 20, 2010

Location: The Zone

Age Divisions: 7-9 Years & 10-13 Years

Students participating in this after school program will learn about healthy eating habits, nutrition, physical activity and strength/conditioning to stay healthy. Daily activities include up to 40 minutes of homework time, a healthy snack, nutrition lessons, fitness exercises, games, conditioning activities and free time. Students will keep journals of exercise minutes and types of foods they eat on a daily basis.

Holiday Zone Camp

Date: December 20—22, 2010
Time: 7:30 a.m.—6:00 p.m.
Fee: \$75.00 1st Child (All 3 days)
\$70.00 each additional child
\$35.00 per day
Deadline: December 10, 2010

Location: The Zone

Age Divisions: 4—6 Years (ages as of August 31st)
7—9 Years
10—13 Years

Students can participate in a variety of sports including basketball, volleyball, soccer, corn hole, baseball, softball and pickle ball. Other activities include music, dance, arts and crafts, cheerleading, visual expressions (painting, drawing, etc.)

School's Out, Zone's In-Spring Break

Date: April 18—April 21, 2011
Time: 7:30 a.m.—6:00 p.m.
Fee: \$100.00 1st Child (All 4 days)
\$95.00 each additional child
\$35.00 per day
Deadline: April 8, 2011

Location: The Zone Wintergreen Intermediate

Age Divisions: 4—6 Years (ages as of August 31st)
7—9 Years
10—13 Years

Students can participate in a variety of sports including lacrosse, flag football, bocce, baseball, softball, and track & field. Other activities include music, dance, arts crafts, cheerleading, visual expressions (painting, drawing, etc.). Also included is an explorers adventure of nature hikes, scavenger hunts, nature crafts, maps and compasses, science and nature activities.

Super Champ Basketball Skills Competition

Date: March 12, 2011
Fee: FREE

Location: The Zone

Age Divisions: 7—14 Years (Boys and Girls)

County wide competition conducted through Pitt County Schools & Physical Education teachers. Contact your school PE Teacher for exact time of competition held at your school. Winners from participating schools will have the opportunity to advance to the county wide competition to compete against others in the county within their own age group.