Medicaid Adult Optical Services are Covered Effective January 1, 2019

Routine eye exam every two years

Prescription eyeglasses every two years

To find an ophthalmologist or optometrist in your area, visit https://medicaid.ncdhhs.gov/find-a-doctor. It may be helpful to see a doctor who does the exam AND Medicaid eyeglasses. Ask before you make your appointment if the doctor will do both.

To see the policy guidelines for adult optical services, visit https://medicaid.ncdhhs.gov/providers/clinical-coverage-policies and click on Policy 6B, Routine Eye Examination and Visual Aids for Beneficiaries 21 Years of Age and Older.

For questions, call the Medicaid Customer Service Center at 888-245-0179